

Introducing the 35th national conference on integrated treatment and recovery hosted by  
**Foundations Recovery Network**

# FREEDOM & RECOVERY

Integrated Mental Health and Addiction Treatment for Veterans

**April 23-26, 2012**  
**Hotel del Coronado,**  
**San Diego, CA**

More than two million service members have deployed to Iraq or Afghanistan in the last ten years. With longer deployments and more frequent overseas tours of duty, our nation's service men and women are experiencing unprecedented rates of mental, emotional and substance use disorders, including historically high suicide rates. Military families are also vulnerable to the stresses of deployment; research indicates that the cumulative impact

of multiple deployments is associated with more emotional difficulties among military children and more mental health diagnoses among spouses.

In January 2011, the Department of Defense committed to a multi-year strategic initiative to increase behavioral health care services through prevention-based alternatives and integration of community-based services. (*Strengthening Our Military Families: America's Commitment, SAMHSA Report*, January 2011.) Treatment providers must respond to this urgent need by developing effective interventions to meet the increasing demand for services among our military personnel and their families.

Freedom & Recovery: Integrated Mental Health and Addiction Treatment for Veterans

will gather the nation's foremost treatment experts to examine the unique needs of returning veterans and their families, with a focus on education and training for professionals who provide care to this special population. Conference participants will learn evidence-based practices for treating trauma and addiction, methods for integrating military families into treatment, and suicide prevention strategies. Visit our web site for more details.



**FOUNDATIONS**  
RECOVERY NETWORK

Visit [www.FoundationsEvents.com](http://www.FoundationsEvents.com) for more info.

For info about sponsorship, exhibiting opportunities or being a presenter at this or future conferences, contact Jesse Fortner at 877-345-3360 or [Jesse.Fortner@frmmail.com](mailto:Jesse.Fortner@frmmail.com)