



# BEHAVIORAL HEALTH EVALUATIONS

*Comprehensive Evaluations Equal Customized Treatment*

A behavioral health evaluation gives treatment staff a complete picture of the patient and his or her particular needs.

## *Gathering a Thorough Assessment*

Behavioral health evaluations are a key part of the treatment process. Administered by a master's-level clinician during the admission stage, this important collection of information gives staff a complete picture of the patient and shapes that individual's treatment plan. At Foundations Recovery Network, we complete full, integrated assessments of each patient. That means that patients see multiple medical and psychological professionals—which may include a medical doctor, a registered nurse, a psychiatrist, a master's-level therapist and more—who will then offer input. A customized treatment plan is created for each patient that takes into account his or her unique needs and offers the best chance of lasting recovery.



Atlanta | Santa Monica | Memphis | Malibu  
Nashville | Palm Springs | San Francisco

A customized treatment plan is created for each patient.

## *A Comprehensive Study*

In order to provide the best possible treatment, FRN has developed a standard evaluation that is used at all of our facilities. This evaluation touches on all aspects of a person's life—family, vocation, spirituality, addiction history, mental health conditions and more. This diagnostic tool allows staff to create a detailed profile for the patient. What kind of support system

does the patient have? How does he or she view spirituality? The answers to these questions can be critical to the treatment process. For instance, studies have shown that people who practice any form of spirituality benefit from that belief in the stages of recovery. Having a full evaluation, staff can be aware of all potential helps and hindrances that a patient may encounter in treatment.

## ***Maintaining Quality and Security for Evaluations***

We take our behavioral health evaluations very seriously. Our evaluation process has been through scrutiny to determine the accuracy of our files and whether the information provided is stored securely. We also employ staff whose sole responsibility is to maintain clinical quality and oversee assessments, ensuring that the correct information is gathered and that a complete picture is obtained. We oversee all clinical forms for each of our treatment facilities, both inpatient and outpatient, and deal directly with potential patients to sustain quality from the very first phone call.

While evaluations are also conducted by clinicians, corporate staff is trained to offer phone and video assessments, providing preliminary diagnoses of individuals as needed to determine what type of treatment they need and what insurance coverage they could receive. We have team members who are in contact with patients on a daily basis, assessing their needs and helping them to determine whether an FRN facility is the right fit for them.

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Evaluations touch on all aspects of a patient's life. Having a detailed set of information helps the patient's treatment team develop a customized plan that will meet specific needs.

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### ***About Foundations Recovery Network***

Foundations Recovery Network is recognized as the premier leader in integrated treatment for co-occurring addiction and mental health concerns. Our award-winning model combines evidence-based addiction treatment with innovative therapies for mental health to address co-occurring disorders effectively. Results demonstrate that FRN patients are more than twice as likely to maintain sobriety one year post-treatment as compared to those who attend traditional programs.

### ***Inspiring Positive Change***

Plans aren't made for you; they're made with you. Your needs and wants are kept in mind throughout the treatment process. The patient is consulted and expected to play a key role in setting goals and determining desired outcomes.



He or she is then given the tools needed to achieve those goals, rebuilding self-esteem along the way. These valuable components of our program offer patients the unique opportunity to play an active role in their own recovery. FRN CEO Rob Waggener says, "By enhancing communication and tailoring treatment plans to each individual's readiness for change, patient-centered care strengthens relationships with patients & supports recovery success."