David Perez

CEO, The Oaks at La Paloma

David Perez has honed his natural gifts and uses them to inspire people to seek out their passions in life and pursue them wholeheartedly.

Dedicated to the Well-Being of Others

David Perez was drawn to the field of co-occurring disorders treatment due to his broad psychiatric experience and motivation for helping others succeed. David has always had a genuine aptitude for putting others at ease and providing help, and his natural ability to work with people adds to his ability to provide excellent treatment. At The Oaks at La Paloma, he uses his skills to inspire people to seek out their passions in life and pursue them wholeheartedly. After many years working in the mental health and treatment fields, David knows that addiction can often numb a person’s spirit, and mental illness can cripple his or her ability to experience the fullness of life. David’s goal is to inspire each patient to live a life of intention and find his or her own sense of fulfillment.

Clinical and Psychiatric Experience

A native of Long Island, New York, David Perez moved south in his teen years and never looked back. After earning a bachelor’s degree in political science from the University of Florida and a master’s in mental health counseling from Nova Southeastern, he put his myriad skills to use in a variety of ways, all of which involved helping others. In the early ’80s, David worked with a psychiatrist who used alternative diets and vitamin therapy to reduce the use of psychotropic medications. There, David ran a psychiatric transition facility that worked to get patients out of long-term care. At the University of Florida, he counseled students at risk of leaving school due to financial, emotional or family issues, helping them navigate those roadblocks and achieve academic success. He also served as clinical director for one of Florida’s largest residential treatment programs, as well as one of the state’s smallest programs, before entering private practice in Gainesville. Joining the The Oaks at La Paloma staff in January 2013 as clinical director, David says he was drawn to the co-occurring disorders aspect of their treatment philosophy. His role as CEO enables him to steward that philosophy in strategic, practical ways.
Motivating Others to Reach Their Goals

David began at The Oaks as clinical director, then he was promoted to Chief Operating Officer. Now as Chief Executive Officer, he has taken the same relational model he brought to his clinical and operations work—a focus on building relationships and finding passion—and has applied it to his new responsibilities. David seeks to empower staff members to conduct day-to-day tasks with motivation and intention, connecting even the most routine duties to the valuable work they do as a whole. He also practices what he preaches, leading by example along the way.

David oversees the entire facility team at The Oaks, helping them to focus on their roles and what they do best. He has always been absorbed with therapeutic work and helping others, and his current role allows him to put his problem-solving skills to great use. David creates a passionate, therapeutic environment where he can be a blessing to others and help them achieve their personal goals in life.

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About Foundations Recovery Network

Foundations Recovery Network is recognized as the premier leader in integrated treatment for co-occurring addiction and mental health concerns. Our award-winning model combines evidence-based addiction treatment with innovative therapies for emotional and mental health to address co-occurring disorders effectively. Results demonstrate that FRN patients are more than twice as likely to maintain sobriety one year post-treatment as compared to those who attend traditional programs.

About The Oaks

The Oaks at La Paloma is a safe haven of recovery in the heart of historic midtown Memphis, offering evidence-based integrated treatment for co-occurring disorders and a range of specialized programs. We provide comprehensive care for addiction and mental health issues, such as depression, anxiety, bipolar disorder, schizophrenia, pain issues, eating issues and psychological trauma. This full-service treatment center also delivers medically managed detox services, intervention services and an active alumni program. The Oaks provides outstanding care and has received high marks on the annual DDCAT (Dual Diagnosis Capability in Addiction Treatment) assessment every year since it was first assessed. Patients stepping down from residential care can attend nearby Foundations Memphis, an outpatient center which offers innovative behavioral health therapy to address co-occurring disorders effectively.