



## **MAKE GREAT STRIDES IN MICHIGAN**



FoundationsDetroit.com  
1-248-965-6613

# FOUNDATIONS DETROIT



## **HISTORIC ROOTS, FRESH PERSPECTIVE**

Hope and healing live right around the corner. Located in the city of Royal Oak, Foundations Detroit serves the unique needs of our neighbors in and around Metro Detroit. Our comprehensive outpatient facility is filled with the support and resources needed to lay the foundation for a renewed life in recovery. As patients are equipped with new tools and create healthy habits, they rediscover joy along the way.

## TREATMENT ON YOUR TERMS

At Foundations Detroit, our treatment programs work because they're based on what inspires us: our patients. Beginning with what makes each individual unique, we build a customized recovery plan targeting their specific needs, strengths and goals. With a diverse schedule of therapies, we use our resources to meet each person where they are, creating a recovery plan to move them forward in greater health and wellness.



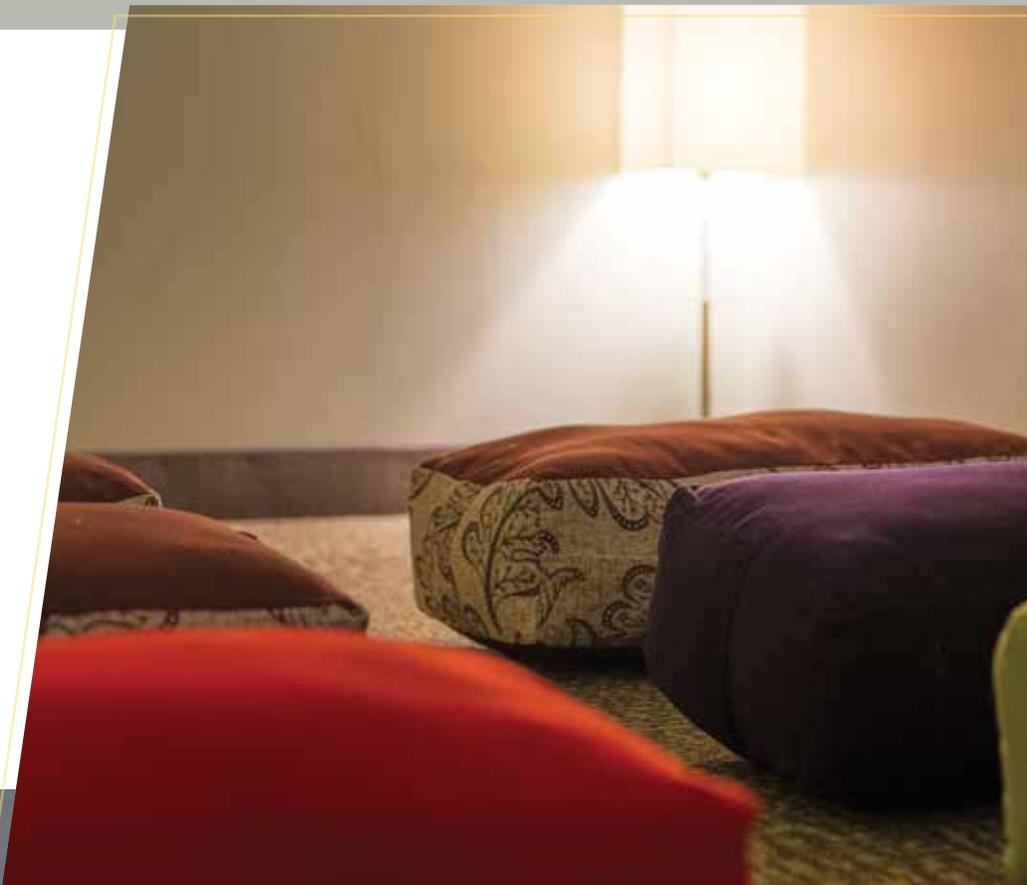


## **WE KNOW WHAT WORKS**

When you or a loved one chooses Foundations Detroit, you can have confidence knowing we provide treatment you can trust. Research shows that our methods of treating the whole patient provide the best chance of long-term recovery. We are dedicated to compassionate care and evidence-based treatment that addresses both addiction and co-occurring mental health issues like trauma, anxiety, bipolar disorder or depression.

## **ABOUT YOUR RECOVERY PATH**

Because we're committed to comprehensive care for both substance use and underlying mental health conditions, we are not only able to address surface problems, but also get to the root of addiction. In addition to the highest level of outpatient treatment and a stages-of-change approach, we also offer Partial Hospitalization, psychoeducational groups, holistic treatment services and a Recovery Zone patient lounge.





## **OUR TEAM**

Our staff consists of trusted licensed master's-level therapists with expertise in treating addiction and associated psychological problems. With a wealth of experience and understanding, the Foundations Detroit team is dedicated to providing the highest level of quality care. Guiding patients through every step of the treatment process, our compassionate staff can be trusted to empower individuals to rediscover their best selves.

## THE FRN DIFFERENCE

Foundations Detroit is part of Foundations Recovery Network. Our programs have been cited as the “gold standard” in the behavioral health industry, classified in the top five percent of treatment programs according to the Dartmouth Psychiatric Research Center. FRN provides a full scope of services and levels of care for those in need of treatment. Find out more at [FoundationsRecoveryNetwork.com](https://www.FoundationsRecoveryNetwork.com).



## **FOUNDATIONS DETROIT**

117 W. Third St.  
Royal Oak, MI 48067



FoundationsDetroit.com  
1-248-965-6613



*A proud member of*  
*Foundations Recovery Network.*

