Patient-Centered Care
A Life-Changing Approach to Addiction Treatment

Strong, positive alliances between patients and staff are critical to successful treatment and lifelong recovery.

Partnering with Patients for Sustainable Recovery
Substance abuse and mental health treatment should not be one-size-fits-all. Every individual has unique needs and goals that should inform the treatment process and allow each person to play a partnering role in his or her own recovery. Patient-centered care is Foundations Recovery Network’s life-changing approach to addiction and co-occurring disorders treatment. Research shows that strong, positive alliances between patients and staff are critical to successful treatment outcomes. With that in mind, our patient-centered care approach is based on our objective to be the best at delivering effective, lasting treatment for every patient in every setting. Patient-centered care infuses every aspect of our treatment process. It’s all about a warm and welcoming approach and evidence-based techniques that put patients’ needs first.

Assessing & Meeting Needs
FRN’s clinical programs promote patient engagement by providing personalized care based on comprehensive psychological and medical assessments. Our therapists and groups utilize an integrated model and Motivational Interviewing, ensuring that each patient is empowered to be his or her own strongest advocate for change. Through Motivational Interviewing, patients are able to identify their inner desires and motivations for change. Then staff are able to help patients break down the process of achieving their goals as progress is tracked and milestones are reached. Many patients are able to experience recovery for the first time as they engage in the process of examining their lives through the lens of newfound understanding and self-acceptance.

Treatment is something done with you, not to you. It is a partnership and a process.
Communication Is Key
Patient-centered care is a philosophy of treatment that emphasizes the needs, personal goals and long-term success of the individual. As a result, we know we need to hear from you—not just when you arrive, but also throughout the entire treatment process. Patients cannot be successful if they do not have a clear idea of what they are trying to achieve. Our staff is trained to get to the root causes of substance abuse and mental health issues, taking a fully integrated approach to treatment.

We value clear communication and defined expectations, so each patient experiences a respectful and safe atmosphere. No one knows what you want and what you care about better than you. This unique approach is all about enlisting the patient as an active participant in his or her own recovery. Foundations Recovery Network’s commitment to forming strong relationships with our patients is the fundamental concept that allows us to embody the words of our slogan: “We provide the foundation, you build the life.”

In 2011, Foundations Recovery Network was given the James W. West Quality Award from the National Association of Addiction Treatment Providers for our Patient-Centered Care Initiative.

About Foundations Recovery Network
Foundations Recovery Network is recognized as the premier leader in integrated treatment for co-occurring addiction and mental health concerns. Our award-winning model combines evidence-based addiction treatment with innovative therapies for emotional and mental health to address co-occurring disorders effectively. Results demonstrate that FRN patients are twice as likely to maintain sobriety one year post-treatment as compared those who attend traditional programs.

Inspiring Positive Change
Plans aren’t made for you; they’re made with you. Your needs and wants are kept in mind throughout the treatment process. The patient is consulted and expected to play a key role in setting goals and determining desired outcomes. He or she is then given the tools needed to achieve those goals, rebuilding self-esteem along the way. These valuable components of our program offer patients the unique opportunity to play an active role in their own recovery. FRN CEO Rob Waggener says, “By enhancing communication and tailoring treatment plans to each individual’s readiness for change, patient-centered care strengthens relationships with patients & supports recovery success.”