



HEALTHY TOOLS FOR A RENEWED LIFE



FoundationsAtlanta.com
1-404-460-7103

ATLANTA-MIDTOWN



BRAVE ISN'T JUST FOR BASEBALL

With convenient access to all three of Atlanta's major highways, Foundations Atlanta at Midtown meets patients where they are with genuine relationships for their recovery journey. Located in the historic Brookwood Exchange building between Midtown and Buckhead, our comprehensive outpatient facility is equipped with compassionate staff, helpful tools and proven methods needed to brave a balanced recovery lifestyle.

TREATMENT YOUR WAY

At Foundations Atlanta at Midtown, we don't believe in a one-size-fits-all treatment plan, we believe in our patients. Celebrating each individual's uniqueness, we build a customized recovery plan that targets their specific needs and goals. Offering flexibility through day and evening programs as well as a variety of programming, we use our resources to create a recovery plan together and move forward with confidence.





METHODS YOU CAN TRUST

When you or a loved one chooses Foundations Atlanta at Midtown, you can be confident knowing that time-tested research stands behind your decision. Providing the best chance of long-term recovery, our methods treat people, not diagnoses. We are dedicated to evidence-based treatment that addresses the root cause of both addiction and co-occurring mental health issues like trauma, anxiety, bipolar disorder or depression.

WHAT TO EXPECT

Aiming to serve patients with effective and compassionate care, we not only provide the highest level of outpatient treatment, but also other programming such as individual and group therapy and educational sessions addressing everything from life skills to stress management. In addition, we also offer a holistic approach that includes yoga, meditation, massage therapy, nutrition education, art therapy and acupuncture.





OUR TEAM

Our staff consists of licensed master's-level therapists with expertise in treating addiction and associated psychological problems. Leading with a wealth of experience and understanding, the Foundations Atlanta at Midtown team is dedicated to providing the best quality care. Guiding patients through every step of the treatment process, our compassionate staff can be trusted to empower individuals to rediscover their best selves.

THE FRN DIFFERENCE

Foundations Atlanta at Midtown is part of Foundations Recovery Network. Our programs have been cited as the “gold standard” in the behavioral health industry, classified in the top five percent of treatment programs according to the Dartmouth Psychiatric Research Center. FRN provides a full scope of services and levels of care for those in need of treatment. Find out more at [FoundationsRecoveryNetwork.com](https://www.FoundationsRecoveryNetwork.com).



FOUNDATIONS ATLANTA AT MIDTOWN

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A proud member of
Foundations Recovery Network.

