

### Scientific Papers in Peer Reviewed Journals:

“Predictors of Residential Treatment Retention among Individuals with Co-Occurring Substance Abuse and Mental Health Disorders” in *Journal of Psychoactive Drugs*, 45 (2), 122–131, 2013.

[DOI: 10.1080/02791072.2013.785817](https://doi.org/10.1080/02791072.2013.785817)

“Characteristics and Outcomes of Young and Older Adult Opiate Users Receiving Private Residential Substance Abuse Treatment” in *Journal of Addiction Research & Therapy: Special Issue - Conference Proceedings of the International Conference on Addiction Therapy and Research*, July 2013.

“Integrated Recovery Management Model of Ex-Offenders with Co-Occurring Mental Health and Substance Use Disorders and High Rates of HIV Risk Behaviors” in *Journal of the Association of Nurses in AIDS Care*, Vol. 24, No. 5, September/October 2013, 438-44.

<http://dx.doi.org/10.1016/j.jana.2012.08.006>

“Characteristics and Outcomes of College-Age Adults Enrolled in Private Residential Treatment: Implications for Practice” in *Journal of Social Work Practice in the Addictions*, 14:6-26, 2014. [DOI: 10.1080/1533256X.2014.871998](https://doi.org/10.1080/1533256X.2014.871998)

“Characteristics and Outcomes of Young Adult Opiate Users Receiving Residential Substance Abuse Treatment” in *Journal of Evidence-Informed Social Work*. 2015 April 16:1-11. [DOI: 10.1080/15433714.2013.872071](https://doi.org/10.1080/15433714.2013.872071)

[10.1080/15433714.2013.872071](https://doi.org/10.1080/15433714.2013.872071)

“Opiate Use Patients Attending Residential Treatment: Characteristics, Outcomes and Implications for Practice” in *Addiction Science and Clinical Practice* 2015, 10(Suppl):A36.

[DOI:10.1186/1940-0640-10-S1-A36](https://doi.org/10.1186/1940-0640-10-S1-A36)

“The Impact of a Sleep Hygiene Intervention on Residents of a Private Residential Facility for Individuals with Co-occurring Mental Health and Substance Use Disorders: Results of a Pilot Study” in *Journal of Addiction Nursing*, 2014 Oct-Dec; 25(4): 204-208. [DOI: 10.1097/JAN.0000000000000050](https://doi.org/10.1097/JAN.0000000000000050)

[10.1097/JAN.0000000000000050](https://doi.org/10.1097/JAN.0000000000000050)

“A Comparison of Older and Younger Adults in Residential Treatment for Co-Occurring Disorders” in *Journal of Dual Diagnosis*, 2015; 11(1): 75-82. [DOI: 10.1080/15504263.2014.993263](https://doi.org/10.1080/15504263.2014.993263)

[10.1080/15504263.2014.993263](https://doi.org/10.1080/15504263.2014.993263)

“Gender Differences in Treatment Retention among Individuals with Co-Occurring Substance Abuse and Mental Health Disorders” in *Journal of Substance Use and Misuse*, 2015; 50(5): 653-63.

[DOI: 10.3109/10826084.2014.997828](https://doi.org/10.3109/10826084.2014.997828)

“A Comparison of Opioid and Non-opioid Substance Users in Residential Treatment for Co-Occurring Substance Use and Mental Health Disorders” in *Social Work in Public Health*, 01 July 2016.

[DOI: 10.1080/19371918.2016.1188738](https://doi.org/10.1080/19371918.2016.1188738)

“Reduction in Healthcare Utilization and Costs following Residential Integrated Treatment for Co-occurring Substance Use and Mental Health Disorders” in *Journal of Hospital Administration*, 5(6), 53-57 September 23, 2016. [DOI: 10.5430/jha.v5n6p53](https://doi.org/10.5430/jha.v5n6p53)

“Decrease in Healthcare Utilization and Costs for Opioid Users Following Residential Integrated Treatment for Co-Occurring Disorders” in *Healthcare*. 2016; 5. DOI: [10.3390/healthcare5030054](https://doi.org/10.3390/healthcare5030054).

### **Other Publications:**

“Substance Use and Mental Health Treatment Retention among Young Adults” in *Global Journal of Addiction and Rehabilitation Medicine*. 2017; 1(3). [555564](https://doi.org/10.555564).

“Residential Dual Diagnosis Treatment: Many Factors Influence Retention” in *Paradigm*. 2015; Vol. 20, No. 1. <http://www.addictionrecov.org/Paradigm/DisplayParadigmIssue.aspx?ID=70>.

### **Original Research Presentations:**

Moments of Change, *Keynote with Patrick Kennedy*, September 23, 2013. West Palm Beach, FL.

Innovations Conference, Panel Moderator: *Quality is a Chronic Condition*, April 3, 2014, San Diego, CA.

West Coast Symposium on Addiction Disorders, *Characteristics and Outcomes of Opiate Users Attending Private, Residential Treatment: Implications for Practice*, May 31, 2014. La Quinta, California

Global Addictions Conference, *Characteristics and Outcomes of Opiate Users Attending Private, Residential Treatment*, June 28, 2014, Rome, Italy.

Behavioral Leadership Summit, *Managing Quality in Dual Diagnosis Treatment*, August 25, 2014, St. Louis, MO.

Moments of Change, *Beyond Limitation: The Role of Research*, September 29, 2014, West Palm Beach, FL.

Addiction Health Services Research, Poster Session: *Characteristics and Outcomes of Opiate Users in Private, Residential Treatment*, October 16, 2014, Boston, MA.

International Nurses Society on Addiction, *Opiate Users & Abstinence-Based Private Residential Treatment: Characteristics, Satisfaction & Outcomes*, October 17, 2014, Washington, DC.

National Behavioral Consortium, *Dually Diagnosed Young Adults: Characteristics, Retention and Outcomes from Private, Residential Treatment*, October 28, 2014, Savannah, GA.

National Behavioral Consortium, Panel Presenter: *Quality in Substance Use Disorder Treatment*, October 29, 2014, Savannah, GA.

Association for Medical Education and Research in Substance Abuse, Poster Session: *Gender Effects on Retention in Dually Diagnosed Individuals*, November 5, 2014, San Francisco, CA.

Addiction Professional Webinar: *Lower ACA Rates Equal Better Outcomes: Improving Treatment Retention at Your Facility*, January 27, 2015.

Addiction Marketing and Administration Conference: *Beyond Limitations: Unlocking Organizational Potential*, February 25, 2015, Del Ray Beach, FL.

28<sup>th</sup> Annual Research and Policy Conference on Child, Adolescent and Young Adult Behavioral Health, *Young Adults in Dual Diagnosis Treatment: Comparison to Older Adults at Intake and Post-Treatment*, March 22-25, 2015, Tampa, FL.

Innovations in Recovery Conference: *Dually Diagnoses Young Adults: Who are they and how can we help them?* March 30-April 2, 2015, San Diego, CA.

Presentation at the request of New Directions Behavioral Health Medical Director for 50+ Directors of Blue Plans, March 18, 2015 (web-based).

International Congress on Dual Disorders Poster Session: *Gender Differences in Dually Diagnosed*, April 17-20, 2015, Barcelona, Spain.

International Congress on Dual Disorders Oral Communication: *Differences between Opiate and Non-Opiate Using Populations: Characteristics, Motivation, Retention and Outcomes in Dual Diagnosis Treatment*, April 17-20, 2015, Barcelona, Spain.

International Congress on Dual Disorders Oral Communication: *Young Adults in Dual Diagnosis Treatment: Comparison to Older Adults at Intake and Post-Treatment*, April 17-20, 2015, Barcelona, Spain.

Addiction Professional Panel, "Patient Engagement" May 7, 2015, Nashville, TN

National Behavioral Consortium Conference, "Patient Outcomes", June 17-18, 2015, Boulder, CO.

Innovations in Behavioral Healthcare, *Dually Diagnosed Young Adults: Characteristics, Retention and Outcomes from Private, Residential Treatment*, June 22-23, 2015, Nashville, TN.

C.O.R.E. Conference, *Dually Diagnosed Young Adults: Characteristics, Retention and Outcomes from Private, Residential Treatment*, July 19-21, 2015, Amelia Island, FL.

National Conference on Addiction Disorders, *Improving Patient Retention and Length of Stay*, August 2-4, 2015, St. Louis, MO.

Cape Cod Symposium on Addictive Disorders, *Lower ACA Rates = Better Outcomes: Improving Retention at Your Facility*, September 10-13, 2015, Hyannis, MA.

National Association of Forensic Counselors, *Managing Quality in Treatment*, September 14-15, 2015, Indianapolis, IN.

Moment of Change, *Unlocking Organizational Potential: Research as a Strategic Tool for Marketing and Growth*, September 28-October 1, 2015.

Addiction Health Services Research, Poster: *Healthcare Utilization Savings Following Private Residential Treatment for Substance Abuse and Mental Health Disorders*, October 14-16, 2015, San Marino, CA.

International Nursing Society on Addictions, *Improving Dual Diagnosis Treatment for Young Adults: How do they differ & how can we help them?* October 22-24, 2015, Charlotte, NC.

Association for Medical Education and Research, Poster: *Examining the Differences between Adults Over 50 and Younger Adults in Treatment for Co-Occurring Substance Abuse and Mental Health Disorders*, November 5-7, 2015, Washington, DC.

Innovations, *Using Drug Screen Results to Support Treatment Planning*, April 3-7, 2016, San Diego, CA.

Northern Illinois EAP Conference, *Managing Quality in Dual Diagnosis Treatment: Fidelity, Satisfaction and Outcomes*, June 6-7, 2016, Chicago, IL.

National Conference on Addiction Disorders, *Developing Outcomes: Who, What, How and Why*, August 19-23, 2016, Denver, CO.

Moments of Change, *Data Kings: Winning the Treatment Game*, September 25-29, 2016, Palm Beach, FL.

Addiction Health Services Research Conference, Poster: *Age Disparities in Co-Occurring Opioid Use Treatment Retention and Outcomes*, October 13-16, 2016, Seattle, WA.

International Society of Medicine/Canadian Society of Medicine Annual Conference, Poster: *Development and Implementation of an Injectable Naltrexone Intervention for Patients Exiting Residential Treatment for Co-Occurring Disorders*, October 13-16, 2016, Seattle, WA.

Association for Medical Education and Research, Poster: *Substance Use and Mental Health Treatment Retention among Emerging Adults*, November 3-5, 2015, Washington, DC.

Recovery Results, *Creating Value: Using Data to Influence Your Bottom-Line*, November 28-December 1, 2016, Dallas, TX.

Finding Freedom, *Outcomes Challenge: Developing Meaningful Measures for the LGBTQ Community*. January 13-14, 2017. Palm Springs, CA.

Impact Behavioral Healthcare Conference, *Turning Data into Revenue*. January 29-31, 2017. Palm Desert, CA.

Addiction Series Panel. *Driving Community Solutions for the Opioid Crisis*. March 23, 2017. Boston, MA.

Innovations in Recovery Conference, *Engaging the Young Adult: Extending the Continuum to Support Outcomes*. April 2-6, 2017. San Diego, CA.

Baylor University, *Research and Outcomes in Private Residential Treatment*. April 26, 2017. Houston, TX.

Grand Rounds, Mayo Clinic, *Parallel Paths: Palliative Care and Addiction*. May 2, 2017. Phoenix, AZ.

Professional Lunch and Learn. *Trauma, Addiction and the Brain*. May 12, 2017. New York, NY.

Boston EAP Conference. *How to Determine the Best Treatment Options for Substance Abuse and Mental Health Disorders*. May 19, 2017. Boston, MA.

United Auto Workers Employee Assistance Professionals Annual Training Retreat. *Trauma and PTSD: Recognition and Treatment*. May 24, 2017. Black Lake, MI.

Addiction Series Panel. *Driving Community Solutions for the Opioid Crisis*. June 6, 2017. Memphis, TN.

Innovations in Behavioral Healthcare. *Beyond Treatment: Sustainable Strategies to Support Recovery*. June 18-20, 2017. Nashville, TN.

State of Recovery Conference. *Creating Value for Payers: How Quality Metrics Influence Your Bottom Line*. July 12-15, 2017. Miami Beach, FL.

Recovery Awareness Day. *Medication Assisted Treatment Panel*. July 28, 2017. Charlotte, NC.

Behavioral Health Leadership Summit. *Developing Processes to Measure Treatment Outcomes*. July 16-20, 2017. Baltimore, MD.

Professional Lunch and Learn. *How to Determine the Best Treatment Options for Substance Abuse and Mental Health Disorders*. September 12, 2017. Costa Mesa, CA.

Cape Code Symposium on Addiction Disorders. *Accountable Care: Measuring Outcomes and Treatment Fidelity*. September 14-16, 2017. Cape Cod, MA.

Moments of Change. *The Death of Revenue Cycle Management*. October 1-5, 2017. West Palm Beach, FL.

## **White Papers**

Gold Standard/Best Practices Infographic White Paper

DDCAT Evaluation White Paper (July 2013)

Patient Recommendation Scores White Paper (August 2013)

Patient Satisfaction Scores White Paper (September 2013)

Recovery Outcomes for Opiate Users (Oct/Nov 2013)

Treatment Outcomes for Young Adults with Substance Use Disorders (January 2014)

Treatment Outcomes for Adults with Substance Use Disorders (February 2014)

Benefits of Dual Diagnosis Treatment: 2013 Patient Outcomes for Substance Use and Mental Health Disorders (March/April 2014)

2013 Patient Outcomes for Mental Health Disorders (May 2014)

La Paloma Patient Outcomes – Sustaining Recovery at One Year (June 2014)

Patient Satisfaction at the Canyon at Peace Park (July 2014)

Outcomes for Opiate Users at FRN Facilities (Aug/Sept 2014)

Helping Patients Remain in Treatment Supports Positive Long-Term Outcomes (Oct/Nov 2014)

FRN Research and Outcomes One Year Post-Treatment (May 2015)

FRN Mental Health Outcomes (June 2015)

Remission Rates Provide Better Outcome Measures for Substance Use Disorder Treatments (July 2015)

Encouraging Medication Compliance to Alleviate Mental Health Symptoms (November 2015)FRN

2016 Research and Outcomes One Year Post-Treatment (March 2017)

## **Institutional Review Board**

Accredited by Department of Health and Human Services

July 2011, July 2014, July 2017

Federal-wide Assurance for the Protection of Human Subject, **FWA00001878**